



**SCHOOL OF HUMAN & SOCIAL SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELING
PSY-212 T: PSYCHOLOGY OF PERSONALITY
END OF JUNE 2018 SEMESTER EXAMINATION**

Instructions:

Question one is **compulsory**. Answer any other TWO questions from the questions provided

Time: 2 hours

1. Read the case below and answer the questions

Tyler is a 15-year-old male who is currently living at home with his mother and younger sister. His mother describes Tyler as “always being an odd child” who had significant difficulty relating to his peers. As a child he would spend a great deal of time alone involved in role playing. She said that social situations always provoke great anxiety in Tyler and he is extremely socially inept. Currently Tyler rarely socializes, and when he is not in school he spends most of his time on his computer Tyler reports having one close real life friend but it is not clear when he sees this person. However, he did list several “online friends”, none of whom he has actually met in person. Tyler has a history of doing poorly in mainstream school and currently is attending a vocational school. He reports being very anxious at school because he “doesn’t fit in”

- a) Identify four Personality traits that Tyler displays
(4 marks)
- b) using relevant examples, explain five factors that could have influenced Tyler’s personality development
(10 marks)
- c) Outline three benefits of understanding your personality
(6 marks)

2. a) Describe the following personality types proposed by Karen Horney in her theory of personality.

i) The Compliant Personality

(4 marks)

ii) Aggressive personality

(3 marks)

iii) Detached personality

(3 marks)

b) Using relevant examples explain 3 safeguarding tendencies people employ according to Alfred Adler.

(10 marks)

3.a) Describe Erik Eriksson's eight stages of psychosocial development

(14 marks)

b) Outline three biblical views of a human being

(6 marks)

4.a) Citing relevant examples, discuss how one can apply B.F Skinner's theory of operant conditioning in learning a personality trait

(14 marks)

b) Briefly describe any three ego defense mechanisms

(6 marks)

5.Using relevant illustrations, critically evaluate rational emotive personality theory as proposed by Albert Ellis

(20 marks)