



**MOMBASA CAMPUS**

**DEPARTMENT OF COUNSELING AND CHILD DEVELOPMENT**

**MA COUNSELING PSYCHOLOGY**

**UNIVERSITY EXAMINATIONS**

**JAN SEMESTER 2012**

**UNIT CODE: PSY 644 M**

**UNIT TITLE: FAMILY SYSTEMS & MARITAL THERAPY**

**DATE: APRIL 2012**

**Answer question one and any other two questions**

- 1a) To obtain a healthy family functioning discuss the influence of the following family factors
- i) Leadership
  - ii) Family boundaries
  - iii) Affectivity
  - iv) Communication
  - v) Task / goal performance
- 10 marks
- b) Briefly explain the application of systems theory to family therapy 5mks
- c) Summarize the influence of gender, culture and ethnicity factors in family functioning 5mks

## **SECTION B 20 MKS**

2. Explain the usefulness and impact of behavioral models in family and marriage therapy 10mks
3. Construct the operations of the psycho educational model which aims at teaching skills to specific family populations 10mks
4. Evaluate with relevant examples, the following stages of family Diagnostic interview
  - a) The initial contact
  - b) Joining the family and establishing rapport
  - c) Defining the designed outcome
  - d) Reviewing the family's history, determining its developmental stage and constructing a genogram
  - e) Assessing the current functioning of a family 10mks
5. Elaborate using relevant examples, the following strategic methods of therapy
  - i) Reframing, including positive connotation
  - ii) The use of metaphoric communications, which may take various forms
  - iii) Giving paradoxical directives, including instructions to change either slowly or not at all
  - iv) Prescribing rituals and other tasks
  - v) Declaring therapeutic impotence 10mks